

## Oregon Association for Music Therapy Business Meeting Minutes March 20, 2022 3pm, Zoom

The business meeting of the Oregon Association for Music Therapy was called to order at 3:02 on March 20th, 2022. **Quorum was established.** 

## Approval of Agenda

**Brea Murakami moves to approve** the agenda after adding "2022 Workforce analysis" to old business. Second: Chris Korb. **Motion carries**.

## Approval of Minutes

**Chris Korb moves to approve** the meeting minutes from January 30th, 2022 Second: Brea Murakami. **Motion passes**.

**Airel Farley moves to approve** the meeting minutes from February 5th, 2022 Second: Chris Korb. **Motion passes**.

## **Officer Reports**

## President, Chris Korb

Getting in touch with other board members and trying to connect in order to establish shared goals/vision. Confirming that everyone has access to OAMT email and is receiving emails.

## President-Elect, Joshua Pearl

Continued communication with the OAMT president both to shadow what she is doing and provide support. Exploring options to reach out to music therapists in Eastern Europe.

### Vice President, Kate Caruso

Understanding duties and researching the summer event. Gaining access to accounts.

#### Secretary, Airel Farley

I acquainted myself with duties and programs such as mail chimp in order to send out blasts starting at the beginning of April. I would love any input from the rest of the board of information to include.

#### Treasurer, Brea Murakami

In March 2022, I got acquainted with my job duties as Treasurer and consulted with the President regarding the board transition. The PayPal account currently has \$42.94 and the US Bank Account has a total of \$5,639.83. I also invited colleagues to take the 2022 OAMT Workforce Survey via emails and social media posts.

#### Public Relations, Cody Mills

Gained access to accounts. At least one person who reached out as a new music therapist in Oregon. Acquainting myself with duties.

#### Media Coordinator, Natalia Uribe

Gained access to accounts, acquiring bios and headshots to post on OAMT website. Looking for 3 eyes on those. Also 3 eyes for social media accounts introducing new OAMT board and asking for input on what they would like to see this year.

#### **Government Relations Representative**

Met with deputy Medicare director, talks with policy analyst had ended and was put in contact with the deputy director. Deputy medicare director is invested and is working toward OHP reimbursement. There will be a public notice, after which there will be further steps and information disseminated. We are asking for the masters level requirement to be removed and to be able to address medical needs in addition to mental health needs. A school based policy analyst will be included in discussions, in hopes to have music therapy be an included service in schools. Recognized as a therapy modality in nursing homes. They are looking to Washington State as a model for out of state/service area fees.

Task force met 3/20/2022 to discuss and gather information to contribute to those ongoing discussions. There has not been a meeting with the national office.

The Structured Learning Center has accepted a Music Therapy contract for two hours a week. Treatment will begin in two weeks. Hoping to expand the program to Roberts High School in the fall.

## Student Representative, Lily Fugita

Students are currently going on spring break, hoping to get a nice reprieve from the stress of school. 9 students recently attended the Western Region of American Music Therapy Association conference held last weekend and made connections with other students from the region as well as met with internship directors. The former student representative, Mary King, received an internship with Earthtones Music Therapy.

# **Old Business**

- Code of Conduct doc
  - Reminder to submit
- Conflict of Interest doc
  - Reminder to submit
- Licensure reminder
  - Reminder for board members to keep up to date
- 2022 OAMT Workforce Analysis
  - Currently have 16 responses
  - Share this with other colleague
    - Sent to EarthTones
    - Sent to State Hospital

**Chris Korb moves to conclude** old business and move into old new business. Joshua Pearl seconds. **Motion passed**.

# **New Business**

- Organize Professional Development Grant application and rubric
  - Proposed extend deadline for grant applications until April 18th
  - Sub group will look over and rate rubric during next board meeting
  - This grant is for members only
- Board members' Ideas for this year's development
  - Getting new members for OAMT
    - Establishing goals (possibly a percentage of increase)
    - Update on MT #s in the state every meeting
    - Keeping strong communication and community outreach
    - Asking for feedback on why people don't join OAMT/ what WOULD make them join
    - Organizing panels
    - Setting up mentorship programs
    - Maintain community feeling and high visibility
    - Targeting the larger public (visibility and accessibility)
  - Using OHP approval as a time to host events

- Blast Feature: the best intervention I ever invented/used
  - Make The Blast more appealing- bite sized pieces, bullet points, 5 seconds to read
- Make clear points of engagement
- World Federation of Music Therapy- What can we do locally to engage music therapists globally?
  - Video- Music Therapy Crisis Support https://www.youtube.com/channel/UCChlwddmkYF-aumo7G5rTnw
  - Link to Refugee Program in Oregon https://lcsnw.org/program/refugee-resettlement-program/
  - Sister City
  - Relationships between individual music therapists
    - Approach gently, avoid savior mentality or judgment because their practices/interventions look different
    - Framed as learning experience together
  - Relationship between organizations
  - Creating fundraisers so MTs can offer services to refugees
  - Cultural exchange
  - Joshua Pearl motions to form a global outreach committee. Natalia Uribe Seconds. Motion passes
    - Joshua Pearl volunteers to spearhead this committee
  - Joshua Pearl motions for OAMT to join WFMT. Natalia Uribe seconds. (\$75)
    - Motion amended by Joshua Pearl join pending approval of Treasurer. Seconded by Natalia Uribe. Motion passes.
      - Link to WFMT site: <u>https://wfmt.info/wfmt-membership/membership-applic</u> <u>ation/</u>
- Using Former Student Representative's 12 page summary of music therapy to create a pamphlet that could be sent to the 81 school districts in Oregon, possibly to legislatures and other people/organizations.
  - Kate knows a former EarthTones Music Therapist who has documentation on how to get MT on an IEP.
  - Reaching out to after school enrichment programs
  - Possibly creating a core advocacy format/document that could be adapted
  - Not wanting to narrow population of advocacy so we don't exclude professional colleagues
- Board members' ideas for self-care given the global crisis
  - Doing something

- Setting boundaries and saying "no" to things
- Possibly forming a peer support group
  - Maybe a bi-weekly zoom meeting at a regular time
  - Possible "office hours" to be available for members
    - Different people at different time so that it is easily available
- Possibly offering supervision

## Good and Welfare

- Airel's brother got engaged
- Joshua's son got a job at Fender
- Cody got two new gigs with Engage

Chris Korb Motions to adjourn the meeting. Second: Joshua Pearl. Meeting adjourned at 5:06.