

Oregon Association for Music Therapy Executive Board Meeting Minutes

April 24th, 2022, 1pm

The board meeting of the Oregon Association for Music Therapy was called to order at 1:07 on April 24th, 2022 with Chris Korb, Joshua Pearl, Airel Farley, Brea Murakami, Cody Mills, Kate Caruso, Lily Fugita, and Natalia Uribe present. **Quorum was established.**

Approval of Agenda

Chris Korb moves to approve the agenda. Second: Natalia Motion carries.

Approval of Meeting Minutes

Chris Korb moves to approve the March 20th, 2022 Meeting Minutes. Second: Brea Murakami. Motion carries.

Officer Reports

President, Chris Korb

Conversations about Western Oregon University Music Therapy program.

President-Elect, Joshua Pearl

Met with Natalia for the international outreach committee, specifically on how to be globally minded, and diversity. Discussing what we want music therapy to look like in Oregon in the next ten years.

Built contact with a doctor at Providence who was giving a presentation on music therapy.

Vice President, Kate Caruso

- -Created list of dates to propose for the OAMT summer event
- -Looked through drive and timeline for OAMT conference to understand expectations of my position
- -Began document to track planning of summer event and to be a template for potential future use
- -Obtained and stored OAMT marketing trifold board from a previous board member (going to deliver to Brea)

Secretary, Airel Farley

Forwarded financial emails to treasurer Brea Murakami. Sent out The Blast for April. Prepped approved board meeting minutes to be put on the website and new meeting minutes to be approved. Prepping for The Blast for May (Please let me know anything you think we should include).

Treasurer, Brea Murakami

In April, I worked with the President to update the US Bank authorized users and deposited the refund from Encorepreneur when we had previously planned to have our 2022 state conference in-person. The OAMT US Bank account balance is \$5,788.85 and we have \$42.94 in the OAMT PayPal account. Apart from my duties as Treasurer, I have begun compiling data from the 2022 Workforce Survey into a comprehensive report.

Public Relations, Cody Mills

Receiving emails and responding appropriately. Researching and responding about MT misrepresentation. Responding to an MT moving into the state and directing them to other board members. Responding to a school starting a new MT program.

Media Coordinator, Natalia Uribe

Familiarizing myself with square space and other media templates. Met with Joshua Pearl to brainstorm and discuss ideas concerning the international outreach committee.

Government Relations Representative (Melissa Potts)

(Related by president Chris Korb)

Meeting scheduled for mid May. National team was invited but not currently able to attend those dates. At the state level there are meetings and discussions to be had about music therapy in the next six weeks.

Due to the important nature Chris Korb will keep the board up to date on developments.

Student Representative, Lily Fugita

This past Wednesday was Senior Projects Day where we had 5 seniors from our Music Therapy program present their Music Therapy Capstone projects. They all did a fantastic job presenting their projects. We are all headed into finals and graduation which is getting stressful of course. The Pacific University Music Therapy Club is also going through its election process at the moment to decide on the officer members for next year.

Old Business

- Code of Conduct doc & Conflict of Interest docs, uploaded?
 - Confirmation
- Motion of OAMT to join WFMT to be approved \$75 cost
 - Joshua Pearl will be reaching out to them to see how we can be involved and what the benefits are of the affiliation.
 - Goal for next week- fill out paperwork and discuss more concrete examples of what being an association member of WFMT would look like.
 - Chris Korb has been in contact with a music therapist in St.Petersburg working with mental health and addiction. (Including a video)
 - Brea presents budget and suggests that \$75 come from OAMT board retreat to WFMT.
 - **Brea Motions** to amend the OAMT budget from OAMT board retreat to WFMT. Joshua Pearl Seconds. **Motion passes.**
- Formation of a bi-weekly support group to accommodate members' needs & requests
- Increase community feeling & visibility: Why join OAMT?
- Creating fundraisers for MTs offering of services to refugees
- Update 2022 OAMT Workforce Survey
 - Brea has begun crunching the numbers and raw data report (17 responses) with more diversity.
 - https://docs.google.com/document/d/1i3ZnwTsjrIKNwjJnohOlvdXWXS3MqUFKlr9 ADT7HfMk/edit?usp=sharing
 - Canva version hopefully done by next meeting and sent out in the following blast.
 - Is this something we want to share with all MTs in Oregon or just members?
 - Good recruitment tool
 - Not making it public prematurely in order to discover what MTs in Oregon want OAMT to be/do
 - Brea will make a note of how many MTs in the state v. How many OAMT members
- OAMT Grant application
 - Emily Ross requested it as a reimbursement for her speaker at her trauma informed care workshop.
 - Kate went and it was great- highly informative and well rounded.
 - Brea offers to reach out to her and coordinate giving her that.

- Joshua Pearl motions to approve Emily Ross's grant request. Brea Murakami seconds. Motion passes.
- This grant can be another incentive for OAMT membership -needing continuing advertisement for these

New Business

- Summer OAMT
 - Usually late June or July, we're shooting for mid to late July
 - In-person, virtual, or hybrid?
 - Inside v. Outside (probably with cover)
 - Brea has leads on local venues
 - Inviting prospective OAMT members
 - How much time are we shooting for and how many CMTEs?
 - Shooting for July 16th or 23rd
 - Kate will research venues and bring back a decision on the date at the next meeting
- Board members' focus: Education, Community/State Outreach, Membership supports
 - Offering supervision and meet ups
 - Having a bi-weekly phone call, peer support, or supervision
 - Sister/brother music therapist
 - Gather list of resources
 - Cody will begin compiling this (excel spreadsheet)
 - Collaborative problem solving hotline?
 - What peer support looks like in our community
 - New MTs have fresh perspectives
 - Peer support as opposed to education/supervision
 - Education is not our focus right now (so we can be more intentional with our other goals)
 - Focusing on peer support and state outreach
 - Maybe monthly peer supervision group?
 - Needs a host to commit to three or four months no matter if anyone else shows up
 - How do we make it accessible to everyone? Maybe like \$5 for any MT in Oregon but free for OAMT members.
 - Very important for those who work independently
 - Monthly lunch and learn?- Existential Humanist Method
 - Great opportunity for interns
 - Acknowledges the importance of supervision and is possibly a baby step toward being able to offer more regular supervision.
 - Maybe try this out over the summer, see if it affects membership.
 - Multnomah County Library conference room as a possible space (offering hybrid) can seat 30 people.
 - Kate, Natalia, and Brea volunteer to be the facilitating team.

- Those three will meet soon and decide on dates and other details.
- Suggesting to do it over the lunch hour instead of taking up more weekend time.
- Focusing on peer relationships and sharing both challenges and triumphs.
- Joshua Pearl offers his space for this event (up to ten people with social distancing)
- Joshua Pearl motions to establish monthly peer support group (for four months at least) headed by Kate and supported by Brea, Natalia, and Joshua (peer support group committee)
 - Proposed \$5 entrance fee for anyone living or working as an MT in Oregon. Free for OAMT members
 - Natalia seconds motion. Motion passes
 - Chris will also help with coordinating.
- Be more strategic about membership, getting info about MTs in the state, etc.
 - Joshua volunteers to spearhead this with an eye at growing our membership to approximately ²/₃ of MTs in the state.
 - Chris proposes to wait until more info comes out of the state conversations.
 - Joshua motions to create enrollment committee (composed of Joshua and Cody) Cody seconds.
 - Focusing on outreach and get people to feel like this is their organization.
 - Joshua and Cody will meet to devise strategic vision.
 - Motion passes
- New music therapy program development at Western Oregon University
 - Curriculum has just passed the curriculum committee at Western
 - Looking to launch the program in 2024
 - The other programs needed have signed off
 - He is looking for our support in refining the curriculum before presenting to AMTA
 - Excited to have both a private and state school that has MT
 - Asking for letter of support
 - Curriculum will be sent out by Chris after the meeting
 - Wanting to make sure that the communication is close.
 - Joshua Pearl Motions to have Chris Korb be the OAMT liaison with Western Oregon University MT program and her first action will be to write a letter of support for that development. Cody Seconds.
 - Asked that we will be able to have eyes on that letter before being sent out.
 - Brea Murakami voices support and conflict of interest as head of Pacific University Music Therapy program.
 - Brea Abstains. **Motion passes**

Good and Welfare

- Chris Korb's daughter is coming to visit for 5 days
- Pacific has moved Brea's position to tenure track
- Airel's first supervision since being an MT-BC and great in person session.
- May 7th sensory friendly concert in Beaverton at Reeser Stadium
- August 4th Therapeutic and
- Joshua Pearl officially in remission of his autoimmune disease.

Adjournment

Next Meeting at 1pm May 22nd, 2022.

Chris Korb motions to adjourn. Natalia Uribe seconds. Motion passes Meeting adjourned at 2:58pm May 24th, 2022.