

Oregon Association for Music Therapy Executive Board Meeting Minutes August 28th, 2022, 1pm

The board meeting of the Oregon Association for Music Therapy was called to order at 1:02 on August 28th, 2022 with Christine Korb, Kate Caruso, Airel Farley, Brea Murakami, and Lily Fugita present. (Melissa Potts has resigned as government relations representative) **Quorum was established.**

Approval of Agenda

Chris moves to approve the agenda. Second: Airel Farley Motion carries.

Approval of Meeting Minutes

Brea Murakami moves to approve the July 23rd and July 17th, 2022 **Meeting Minutes.** Second: Kate Caruso. **Motion carries.**

Officer Reports

President, Chris Korb

Talking with colleagues about starting a supervisory panel that would be open to members as an off-shoot of the peer support group. Once a month supervision for members, either as a group or as individuals. If part of the supervision should be looking at ethics.

President-Elect, Joshua Pearl

No update available

Vice President, Kate Caruso

Since our last online meeting, I handled the final touches for the summer CMTE event, and held the hybrid event with the help of our team. Thank you all for your help! We had 20 people registered for the event and 19 people that attended the event. I also have been thinking forward to the 2023 OAMT conference and considering themes, venue options, and am looking forward to getting things put in place for the next event.

Secretary, Airel Farley

I have continued my duties taking notes and preparing documentation for meetings as well as prepping and sending out the monthly blast. I wanted to give a little update on The Blast. We currently have 236 recipients and over the last 4 emails we've sent an average of 54% of recipients open the email. In January we only had 48.3% open and this month we are up to 59.8% so we are seeing an upward trend which indicates to me that we are doing things that people are interested in and are giving information that is useful.

Treasurer, Brea Murakami

As of August 28th, 2022, OAMT has \$4,620.92 in our U.S. Bank Account and \$29.53 in our PayPal account for a total of \$4650.45 in assets. To summarize our Summer Event finances, we spent a total of \$540.00 for the event space (\$390.00) and keynote speaker (\$150.00) and made \$291 in revenue, for a loss of \$249. The association will need to be thoughtful in our budgeting for our conference in February 2023. Over July and August, I helped with planning the OAMT Summer Event and gave a short presentation about the 2022 OAMT Workforce Survey at the General Business Meeting. I have also continued to attend the peer support groups and various AMTA events to stay updated about the profession.

Note to put in the blast- AMTA compiled feedback survey, short medium and long term response, also shifting away from member based income, previously living year to and looking at grants and donations to alleviate the burden on music therapists. Link to that google doc of deliverables to go in The Blast

Public Relations, Cody Mills

No update available

Media Coordinator, Natalia Uribe

Met with Joshua to discuss updates on committees, created social media posts for Peer Support Group, facilitated Peer Support Group.

Government Relations Representative (Melissa Potts)

Chris will be looking to recruit a new representative, may reach out to Ted Ficken. Send an email from the board to Melissa to thank her for her time and effort, Chris will arrange this.

Student Representative, Lily Fugita

Students will be starting classes tomorrow. Lily is also president of PUMT and student representative for WRAMTA. This is her senior year. Next WRAMTA in San Diego

Committee Reports

Communications

Natalia and Brea have been trading information.

Peer Support

We have held two Peer Support Group Meetings, including one hybrid meeting (virtual and in person) at the summer CMTE event in July with 10 participants, and one virtual meeting in August with 6 participants. The Peer Support Committee had a planning meeting where we discussed the next meeting, and decided to try a meeting with no "content" portion and focus on peer discussion for the August meeting. The next meeting is scheduled on Wednesday, September 21 from 7-8:30 PM.

Discussion of Supervision under the umbrella of Peer Support

- We previously made the distinction between these things, so it would fill a different need. They are related but separate.
 Preferring one to one as opposed to group.
- Acknowledgement that supervision is hierarchical but peer support is more of an even playing field.
- This might be a good way to provide those options, but it's hard to tell what people might want.
- We need development of clinical and personal skills in our field and not many states offer this, and there is no state guideline.
- Is there money involved, fees and such.
- We wouldn't want people to conflate a supervisor opinion or perspective with OAMT perspective or opinion.

E.M.B.E.R (Enrollment, Membership, Benefits, Engagement, Retention)

No Update Available

DEI

- 1. Keep Land Acknowledgement.
- 2. Go through OAMT policies and procedures.
- 3. Resource folder, discuss ways to share with the wider MT community. Maybe include it in the blast?
- 4. Create a space for "_____ of the month" can be intervention, song, highlight, etc.

Global Outreach

- 1. Haven't officially joined WFMT, Joshua will join once he's back from his trip.
- 2. Connect with MT organizations in Vancouver before the World Congress in 2023.
- 3. Advertise World Congress to Oregon MT community.
- 4. Fundraiser for conference scholarships.

Funding & Reimbursement

- 1. Mikelia Wallace from our general meeting reached out to Joshua to join this committee.
- 2. Consisting of:
 - a. Government Taskforce
 - b. Private Insurance
 - c. Fundraising
 - d. Grants
 - e. Sponsorship, underwrittings and partnerships.
- 3. Creating support networks for small businesses, such as Emily Ross' retreat.

Old Business

- Summer Event debrief
 - Summer Event Summary

(<u>https://docs.google.com/document/d/1ZtJthuUsqlfKz89fne94yuPexEFTfAbPVLD</u> <u>1Bv-4_6w/edit</u>) outlines what happened and what we should consider for next year.

- How can we diversify income and move to official non-profit status?
 - Add to new business for next meeting
- Be cool to have more casual music therapy social events
 - Maybe an in person peer support -McMinnamins?
- People had a lot of fun
- Should we do some sort of "Fall Check in" to introduce ourselves to the students?
- Student outreach committee? -add to new business for next month
 - Collaboration and opportunities for engagement, especially with the new school.
 - Great way to connect before leaving college
- Maybe an online internship fair? One minute videos of different sites?

New Business

- 2023 Conference Logistic Planning
 - Looking to establish location, date, and themes (proposal deadline is mid-September)
 - DATE
 - Usually first weekend in February (avoid the Super Bowl on the 12th)

- Suggested- Sat. Feb. 4th, possibly Feb. 11th
- Bylaws say it has to occur in the first quarter of the new year
- Spring courses at Pacific start on Jan. 30th
- Maybe more workshop/information based as opposed to the fun/engagement of the summer event
- Ideas for themes
 - Continuation of Community Building
 - In preparation for the world conference
- Hybrid options will be important to mitigate health and travel concerns
 - Also allows for the option of shifting to fully virtual
- Location
 - Portland Metro-Area or maybe closer to Salem?
 - Maybe multiple hubs for a hybrid format? one in Salem and one in Portland
 - Survey to ask membership where they want to meet and what format they would prefer?
 - To be written by Brea and sent out in The September Blast

Good and Welfare

- Airel was contacted from a referral and hopefully will have her first direct contract.
- Kate and Natalia got to collaborate serving a client.
- Chris got to go to and enjoy the Grand Canyon.

Adjournment

Next Meeting at 1pm September 18th, 2022.

Chris Korb motions to adjourn. Airel seconds. **Motion passes** Meeting adjourned at 2:30 August 28th, 2022.