

# Oregon Association for Music Therapy Executive Board Meeting Minutes

June 22nd, 2023, 6:30pm

The board meeting of the Oregon Association for Music Therapy was called to order at 6:39 on June 22nd, 2023 with Joshua Pearl, Mikelia Wallace, Airel Farley, Brea Murakami, Natalia Uribe, Kelly Aloia and Austin Johnson present. **Quorum was established.** 

## Approval of Agenda

Airel Farley moves to approve the agenda. Second: Brea Murakami Motion carries.

## **Approval of Meeting Minutes**

**Kelly Aloia moves to approve the** May 25th, 2023 **Meeting Minutes.** Second: Airel Farley. Natalia Uribe & Mikelia Wallace abstain. **Motion carries.** 

## Officer Reports

#### President, Joshua Pearl

Have been keeping on top of things and getting back on my feet.

#### President-Elect, Natalia Uribe

See Public Relations report.

## Vice President, Mikelia Wallace

Working on the summer conference, securing venue and creating the program. Looking forward to rebuilding the music therapy community, welcoming new professionals, and hopefully empowering our members to advocate.

### Secretary, Airel Farley

I've been staying on top of The Blast and preparing meeting minutes. I would like to propose points of action and email/slack summaries for our meeting minutes.

Maybe using google docs to make a collective To Do List?

# Temporary Acting Treasurer, Brea Murakami

OAMT currently has \$0.00 in PayPal, and \$4,081.97 in the U.S. Bank account for a total If \$4,081.97 in assets. This month I reviewed and sent payments to two of the three WCMT scholarship recipients, and updated OAMT's business information with the Oregon Secretary of State so that the President can be added to the U.S. Bank account. I will complete the payment to the third scholarship recipient by the end of next week. I have also continued to provide feedback on OAMT social media accounts and kept in communication with other OAMT board members.

Point of Action: Brea will send Joshua an email with more information about board bank account access.

#### Public Relations, Natalia Uribe

This month I started reaching out to the organizations on the list, as well as responding to email inquiries. One of the organizations, The Dougy Center, has gotten back to me and they are interested in meeting and hearing more about music therapy! I see this as the start of a net of partnerships and collaborations that can be the basis for future fundraisers and presentations.

Another person that is interested in advocating for music therapy is Dessa, the owner of Be Well Holistic Health, who reached out to us looking to hire a music therapist. I will keep the board posted on any further developments.

Point of action: everyone send Natalia availability for meeting with Dessa.

#### Media Coordinator, Kelly Aloia

Posted to Facebook and Instagram. In her work with Upbeat funding has been through a waiver to receive funding from the state.

Government Relations Representative (Position not currently filled)

## Student Representative, Austin Johnson

Tried to share the student scholarship, but most students said it was too expensive or they didn't have passports. Working on enjoying the summer.

#### **Committee Reports**

**Kelly Aloia** moves to discard the communications task force as a reporting committee. Airel Farley Seconds. **Motion Passes**.

Peer Support (Natalia- chair, & Airel)

Did not meet this month.

Created posts for Peer Support Group, hosted peer support group but no attendees came.

Point of Action: Natalia is going to send peer support reminders via mail Chimp

Point of Action: Airel is going to set Natalia up with Mail Chimp

Point of Action: Airel & Natalia need to find a new time/day to host peer support

Peer Support can count as an ethics CMTE.

#### E.M.B.E.R. (Joshua, Mikelia, & Airel)

Did not meet this month. Focusing on building lots of little incentives for involvement.

Point of Action: Airel sending an email reminder to OAMT members about Slack Point of Action: Airel makes private slack channel for board members (General Board Members Chanel)

#### DEIA (Joshua, Alicia, & Natalia)

Have not met. Want to schedule an event. Something like "courageous communication" in order to deepen our resolve.

Point of action: Joshua will arrange and schedule a "courageous communication event"

Natalia and Joshua will plan on how to best facilitate those conversations. Possibly using IFIO. Engaging in it instead of just talking about it.

Point of Action: DEIA will meet to discuss & plan this event

## Global Outreach (Joshua & Natalia)

Those who go to the conference will be bringing back news and info.

Point of Action: Brea will make a facebook post/comment and send out an email to plan an Oregonian meet up at the Global conference

# Funding and Reimbursement Committee (Joshua, Mikelia, & Kelly)

Did not meet this month.

Out of my (Mikelia) own interest and needs as someone working with neurodivergent kiddos, I have been looking into charter funding, DSP funding, and other 'work arounds.'

I would like to get a short-term plan, mid-term plan, and a 5 year plan in place.

Starting with immediate funding opportunities and resources for families and caregivers, and creating a document for MTs and caregivers to 'try' these. I myself am working on trying to get insurance reimbursement using the CPT codes recommended by AMA, a family is trying it now, will let you know what comes of this.

Mid-term: Gaining non-profit status, finding work arounds, getting endowments, continue to build our 'champion' caregivers as advocates.

Long-term: Build relationships with decision makers at government level and with insurance companies.

Looking into petitioning for a waiver system in Oregon. (There is a successful program in Washington and Florida). This would be part of the 5 year plan.

We need a level of tenacity. Maybe by tag teaming we will be able to follow through and bother people enough to get things done.

Point of action: funding and reimbursement committee will meet to discuss this (maybe virtual hill day? Establish short and long term plans)

Point of Action: Mikelia is running point to schedule this ^ meeting.

#### **Old Business**

- Slack: How is it working
  - Natalia prefers slack, notifications are nice and it's easier to track conversations.
  - o Mikelia, Airel, and Joshua agree, slack is much nicer on the brain
  - Keep an eye out for technology based best practices/ improvements we can be making
- OAMT non-profit application status
  - Hiccup in adding Joshua to the bank account
  - Still working on the non-profit status
  - Point of action: Brea will follow up with someone from Legal zoom to get the list of things still need to be done.
  - Some non-profit organizations can lobby the government, some cannot, we want to make sure we are the type that CAN
- Bank Account signatories
- OAMT 2023 Workforce Survey
  - It was formally disseminated
  - Brea offers to give a 5 minute update at the summer event
- Public non-MT-BC "Music Therapy" use and corrective actions
  - Brea brought this to the national professional advocacy committee
  - The course is through Alegra Learning Solutions which is run by nurses.
  - PAC was aware
  - In the purpose and goal of the course it does disclaim that it doesn't give them the ability to practice music therapy.

- o PAC won't right a letter since they've already reached out to Alegra...
- Our state organization can reach out to PCC. (Brea isn't comfortable having her name on any such communication because of her association with Pacific University)
- We are concerned about the fact that it is a certificate in music therapy.
- Possibly we should take some from a letter we sent out last year.
- o Do we want to contact someone in Salem? Who is in charge of our program?
- Point of action: Brea will fill out two version of the complaint form (one for Alegra and one for PCC) and send it to the rest of the board for collaboration
- Point of Action: Mikelia will research who is in charge of the Music Therapy health licensing.
- Maybe be able to say that we have already met with the state licensing board and don't want to get them involved.
- Point of action: Brea will reach out to the WRAMTA head in California who also made a complaint against Alegra.
- Summer Event: Priority to secure venue, gather input on the agenda, approve it and get this done.
  - Maybe pin or sticker or something for participating in both conference and Emily Ross's event that weekend
  - Agenda should include
    - Workshop with chat GPT by Brea (maybe an ethics credit?)
    - Jam session (structure TBD)
    - Presentation about World Congress
    - Potluck Style Food
    - General business Meeting
  - PELA has different seating options
  - Tabor Space might have the best "Summer Hang Vibes" given the outdoor/indoor option
    - This is the preferred spot
  - Encorpreneur
  - Looking for an outdoor space if Tabor Space is not available
  - o Time: 1-4pm

#### **New Business**

- Committee meetups
  - Currently we will rely on the point of action reminders
  - o Committees don't need to meet every month, they will be need driven
  - They way committees connect and communicate will continue to evolve and conform to our needs.
- Adding an OAMT Venmo
  - Point of action: Brea will set up Venmo & use it to transfer the third scholarship to that recipient
  - Concerns about receipts for Venmo (no clear invoice)

- Unclear how best to utilize this in the future
- Comparing PayPal and Venmo for business
- We want to support ease of transaction

#### **Good and Welfare**

- Kelly built a retaining wall along 2 sides of their house.
- Airel went to ren faire and made a pastel pirate costume
- Mikelia has a music therapy space and is settling in
- Mikelia has decided to go to grad school and is enrolled at Walden, possibly transferring to PSU
- Natalia- funding at peacehealth from The Foundation is looking at expanding music therapy in the building. There is backing from staff and family.
- Brea purchased an exhibitor table at the world conference and is starting a continuing education company.
- Kelly's brother and wife are having a 2nd child.

## Adjournment

Next Meeting at 6:30 on Thursday July 20th, 2023.

**Natalia motions to adjourn**. Mikelia seconds. **Motion passes** Meeting adjourned at 8:27, June 22nd, 2023.